

## ABMS Call for Physician Well-Being CME Activities

The CPD/CME community is invited to submit accredited CME activities that

- **Support the development of high-functioning physicians**
- **Address physician wellness and burn-out**

The dependency between high-functioning physicians and the delivery of quality patient care presents an opportunity to align ABMS Member Boards Continuing Certification Programs with educational initiatives designed to improve physician well-being.

In its ongoing commitment to improve the delivery of quality, safe patient care through Member Boards' Continuing Certification Programs, the American Board of Medical Specialties (ABMS) has developed the ABMS Continuing Certification Directory, an online repository of competency-based Continuing Certification activities.

ABMS invites all members of the continuing professional development and continuing medical education (CPD/CME) communities to submit accredited educational activities for review and inclusion in the ABMS Continuing Certification Directory. This is an opportunity for CPD/CME providers to create accredited Lifelong Learning and Self-Assessment activities to support the development of high-functioning physicians in one or more of the following domains:

- **Efficiencies of Medical Practice** — Regulatory (EMR, QPP), Technical, Administrative, Patient-Centered Care Processes, Quality and Performance Metrics
- **Organizational Culture of Wellness** — Practice Environment, Institutional Issues, Physician Leadership and Peer Support Programs
- **Personal Resilience** — Self-care, Personal and Professional Growth, Burn-out Prevention Strategies, Physical, Emotional and Social Well-Being Strategies

Activities submitted on the [ABMS Submission Form](#) will be reviewed by participating [ABMS Member Boards](#) for alignment with their Continuing Certification programs. Approved activities will then be indexed in the [ABMS Continuing Certification Directory](#).

MOC approvals are made by the Member Boards; the primary role of ABMS is to facilitate the process.

Please review the [ABMS Continuing Certification Directory Submission Instructions & Checklist](#) before completing the submission form. Get more information about [ABMS Continuing Certification Programs](#).

For questions about this ABMS call for Continuing Certification activities, please contact Susie Flynn at [sflynn@abms.org](mailto:sflynn@abms.org).